



*St. Mary's Senior Secondary School,  
Civil Lines, Moradabad.*

## News Tabloid

Visit Our Website  
<https://stmarysmrd.in/>



# ***Our School***

St. Mary's Senior Secondary School, Civil Lines, Moradabad is an Educational institution, run by the Catholic minority community, named established in the year 1954 and is affiliated to and recognized by the Central Board of Secondary Education, New Delhi.

The aim of the institute is to impart an all round education of children, inculcating in them feelings of patriotism and brotherhood and make them spiritual and pure minded persons to elevate the tone of the society in which they live and move.





Dear Parents, Teachers, and Students,

“ Education is the passport to the future, for tomorrow belongs to those who prepare for it today.” —Malcolm X

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*Education is the foundation of life. In today's educational system, the child is at the center, with both parents and teachers sharing the responsibility for the child's holistic development. This is because children today are assessed not only by their academic performance but also by their behavior and character. Schools are equipped with various facilities to foster students' interests and help them grow constructively.*

*In our fast-paced world, many parents are occupied with their daily responsibilities. However, it is essential for parents to dedicate quality time to their children, fostering open communication and understanding. Parents should build friendly relationships with their children, supporting them through their challenges and celebrating their strengths. Both parents and teachers, with their positive attitudes, play a pivotal role in shaping a child's future success.*

*Education is the key to transforming lives at various stages. It equips individuals with the skills needed for employment, innovation, and ultimately, poverty alleviation—both personally and within society. True education goes beyond material gain and blind acceptance; it nurtures critical thinking and a balanced view of progress.*

*Nelson Mandela wisely said, "Education is the most powerful weapon which you can use to change the world." Students must remember that their academic and personal achievements should be aimed at serving others. Our nation can only progress through selfless individuals committed to its upliftment. We encourage our students to aspire to be nation-builders through acts of service. With this noble intent, they will undoubtedly achieve true greatness.*

*At St. Mary's Sr. Sec. School, we provide every opportunity and resource to uncover and develop each student's hidden potential. As our students mature and prepare to leave the school's nurturing environment, I urge and challenge them to strive for something significant and to become individuals of great character.*



*With regards,  
Sr. Anisha Thomas  
Principal*



# *Editorial Note*

St. Mary's Sr. Sec. School is a well known institution oriented to the total formation of a child through adaptation of various methods suiting the dynamics of the changing world. It aims at academic excellence and committed approach towards dissemination of knowledge and values to bring the right thinking in the future generations to be able to meet the challenges of this fast paced world.

This e magazine, focuses on all the literary and artistic accomplishments of our students. The accolades received and the momentous moments are captured in this magazine. It is a reflection of all the activities carried out in the academic year 2024 - 2025 .We wish to take our readers on a ride through this year long journey of celebrations, competitions, awards and many more.

**SHIKHA DUBEY**





# Good vibes–Good life

***Our positive aura is very important for success in our day to day life. To consistently have a positive aura, we need to change our outlook & thinking process.***

***Here are some key points to help you do this:***

- # To achieve a sense of peace, we need balance. Balance between work and play, between action and patience, spending and saving, laughter and seriousness, staying and leaving.***
- # It's hard to crack a smile when things are going wrong. A 2003 study by Simone Schnall and David Laird showed that if you fake a smile, you can trick your brain into thinking you're happy by releasing feel-good hormones called endorphins.***
- # Don't be afraid to spend some time alone. I've noticed that sometimes you can feel peopled out. It's just that you need a break, a chance to breathe and recharge. You just need to be alone for a while. That's perfectly acceptable and doesn't make you any less loving.***
- # What you consume, consumes you: what consumes you, controls your life.***
- # Create a relationship where you talk to each other about your problems, not where you talk about each other on social media. Statuses don't fix relationship issues, honest conversations do.***
- # If someone doesn't respect you or says you have flaws, there's a good chance you'll start to integrate their opinions into your sense of self. Simplify your circle of friends. Keep those who add value to your life; remove those who don't.***

***Hope for the best😊***

***Alka Rastogi***

# मानसून की शुभकामनाएं

बारिश पड़े तो भागिए नहीं..... छत नहीं खोजिये..... छाते कभी-कभार बंद रखिये... किस बात का डर है.....? भीग जायेंगे न...

तो क्या हुआ..... पिघलेंगे नहीं..... फिर से सूख जायेंगे.....

तेजाब नहीं बरस रहा है.....

आपकी 799 वाली टी-शर्ट भी सूख जायेगी.... ब्रांड भी उसका Levis से Lebis नहीं हो जायेगा.....

मोबाइल पालीथिन में कस के रखलीजिये.....

सड़क साफ़ है..... कोई नहीं आएगा.....

उस स्ट्रीट लैम्प की पीली रौशनी में डिस्को करती बूंदों को देखिये.

थोड़ा धीरे चलिये..... जल्दी पहुंच के भी क्या बदल जाना है.....

बारिश बदलाव है..... मौसम का.... मन का.... कल्पनाओं का..... और लाइफ के गियर का..... दिमाग से दिल की तरफ.

सब धुल रहा है.. प्रकृति सब कुछ धो रही है.. आप क्यों उसी मनहूसियत की चीकट लपेटे घम रहे हैं.

याद कीजिये.....

वो कागज़ की नाव, कॉलेज/कोचिंग में भीगे सिर आए वो लड़की, लड़के, बारिश में जबरदस्ती नाचने को खींच कर ले गये दोस्त.....

सब चलते-चलते याद कीजिये.....

दुहराना आसान नहीं होता..... दुहराना चाहिए भी नहीं..... लेकिन सहेजा तो जा ही सकता है. ताकि ऐसी किसी बारिश में चलते-चलते सोच के मुस्कुराया भी जा सके.

जुकाम से मत डरिये..... दवा से सही हो जायेगा.....

बारिश से डरेंगे तो फिर जुकाम आपका महंगा वाला शावर भी ठीक नहीं कर पायेगा.....

और वैसे भी. मैंने शावर में सिर्फ लोगों को रोते सुना मुस्कुराते नहीं..... क्योंकि उनका गाना भी रोने से कम नहीं होता है.....

बारिश आई है..... थोड़ा चल लीजिये..... थोड़ा भीग लीजिये..... खुद से मिल लीजिये. थोड़ा मुस्कुरा भी लीजिये.....

क्योंकि बारिश चन्द दिनों के लिये आई जैसे सावन में बिटिया घर आई हो.....

\* चली जायेगी वापस.....

फिर न रोइयेगा कि अब कब आयेगी..

बारिश हो रही है.....

. उसके सहारे कुछ पल अपने लिये भी जी लेने की कोशिश कर लीजिये.....

शुभकामनाएं मानसून की,

रेनू गौड़  
(हिन्दी अध्यापिका)





# friends



IT IS A SIX LETTER WORD,  
BUT IT MAKES ONE'S LIFE.  
IT IS FRIEND ALONE,  
WITH WHOM WE SHARE OUR JOY.  
THE SUN CAN STOP SHINNING,  
THE CLOUD CAN STOP SHOWERING,  
BUT A FRIEND CANNOT STOP SHARING.  
FRIEND IS A RAINBOW,  
WHICH GLOWS EVERYDAY.  
IT IS A FLOWER,  
WHICH BLOOMS EVERYDAY.  
FRIEND IS A RIVER,  
WHICH GLOWS FLOWING ON.

MADE BY  
APRA GUPTA  
VIII C



# ❀ इन्हें भी जानिए ❀

1. प्रथम विश्व युद्ध में 13 लाख भारतीय सैनिक लड़े थे।
2. चेस (शतरंज) का आविष्कार भारत में हुआ था।
3. भारत में दुनिया का सबसे बड़ा डाक नेटवर्क है।
4. दुनिया का सबसे ऊंचा क्रिकेट मैदान हिमाचल प्रदेश के चायल में है।
5. भारत ने 2014 में मंगल ग्रह पर अपना पहला मिशन सफलतापूर्वक भेजा।
6. आयुर्वेद चिकित्सा की उत्पत्ति भारत में हुई थी।
7. भारत में दुनिया का सबसे अधिक दूध उत्पादन होता है।
8. लाइट बल्ब का आविष्कार करने वाले थॉमस एडिसन ने भारतीय आविष्कारक जगदीश चंद्र बोस से प्रेरणा ले ली।
9. भारत दुनिया का सबसे बड़ा मसाला निर्यातक है।
10. भारतीय रेल दुनिया का चौथा सबसे बड़ा रेल नेटवर्क है।

-दिया धवन

कक्षा 8 अ



# The Girl Inside Me

I cry loud every night,  
Thinking each passing day,  
will bring some light in my life.  
Did, I do anything wrong anywhere,  
Yes, I shouted about my dreams everywhere.  
I try to fix everything, every time,  
But I don't know why it breaks every time.  
Someday, somehow patience will bring light,  
because the girl inside me wants to give  
her dreams the biggest flight.  
I know God it will take some time,  
but I promise I will wait for the right time.

*Vidushi Pal*  
*XI B*





# घर आना

कभी कभी तुम जीवन देना  
कभी मेरे घर में आना  
कभी कभी तुम मिलने आना  
मिट्टी को सोना कर जाना  
कभी धूप में कभी छांव में  
मैं तो पथ में फूल लगा दू,  
धूल तनिक ना लगे पांव में।  
प्यारे मेरे धाम को आना,  
दिन में आना शाम में आना  
हर दुनिया के पालनहारे  
मेरे घर में खाना खाना।  
फिर तुम मेरी बातें सुन ने,  
अपनी धरा पर रह जाना,  
वापस जाना तब ही करना,  
जब मैं थक कर सो जाऊंगी,  
कठिन नहीं है मन को भरना,  
सपनों में भी तुम्हें पाऊंगी।

जीवन में तुम नित्य आना,  
इंद्र कभी आदित्य आना,  
सत्य कभी तुम मिथ्या आना,  
कभी कथन के नायक बन ना  
कभी जतन से गायक बन ना,  
आना कभी कहानी सुन ने,  
कभी आना पंक्ति बुन ने,  
कहने को तो मैं लिखती हूँ,  
पर तुम आना, शब्द चुन ने।

मेहविश  
XII B

EVENTS



# ***VOTER'S AWARENESS PROGRAMME***

**On 10th April 2024, a Voters' Awareness Programme was conducted at our school, aimed at educating students about the importance of voting and the role it plays in shaping a democratic society. The session was led by Mrs. Ritu Narang.**





# **FIRE SAFETY AND EVACUATION DRILL**

**On 27th April 2024, our school organized a comprehensive Fire Safety and Evacuation Drill under the guidance of KK Ojha and his team. The purpose of this drill was to raise awareness among students and staff about fire safety measures and how to respond effectively in case of an emergency.**





# ***Career Guidance- 2024***

**On July 12, our school organized a highly informative and interactive career guidance session for students, focusing on the crucial topic, "What Next Steps After 12 and Career Opportunities."**





# **AWARENESS PROGRAMME ON WOMEN'S SAFETY**

**On 15th July 2024, an awareness programme on women's safety was successfully conducted at our school. The initiative aimed to educate students and staff about the importance of women's safety and the measures that can be taken to ensure a safer environment for women both in public and private spaces.**







**On 15th July 2024, a special Health and Hygiene programme was organized for the students of Class 5 at our school. The programme aimed to create awareness among young students about the importance of maintaining good health and personal hygiene, which are critical for overall well-being and disease prevention.**





# BUSINESS ACTIVITY OF MARKETING

On 19 July , 2024 our school organized a BUSINESS ACTIVITY OF MARKETING for the students of Class 12th.





# TREE PLANTATION

A tree plantation event was held at our school on 20th July, where students and staff actively participated in planting saplings around the campus.





# MANGO PARTY

On July 20th, 2024 our school organized a delightful Mango Party for the students of Class 1 to 3. The event was a fun-filled celebration of the summer season's favorite fruit—mango! The children arrived dressed in shades of yellow, adding to the vibrant atmosphere of the event.





# **Nasha Mukti Abhiyan**

## **SAY NO TO DRUGS**

**On August 14th, 2024 school organized Nasha mukti Abhiyan**





# DECISION MAKING SKILL

On August 30th, 2024 our school organized a decision making skill seminar for the students of Class 9th and 10th.





# SAFAL EXAM 2024-25

**Our school has successfully conducted the Safal board examination for the 2024-25 academic year.**





# TEACHER'S SEMINAR

**On 26th April, Rampur St. Mary's School hosted a seminar exclusively for educators, featuring Rev. Fr. Suresh Mathew as the esteemed resource person. The seminar aimed to provide insights into innovative teaching methods and foster professional development among the teachers.**





# TEACHER'S SEMINAR

On 31 August 2024, St. Mary's Senior Secondary School hosted a seminar for teachers on the topic "Holistic Report Card," the resource person was Dr. Mosam Sinha an esteemed trainer and a knowledge person. The seminar aimed to enlighten teachers on the comprehensive evaluation of students beyond academic performance. Dr. Sinha emphasized the importance of assessing various aspects such as emotional intelligence, social skills, and extracurricular activities. He provided insightful strategies and tools to implement holistic report cards effectively.





# HAR GHAR TIRANGA

On August 14th, 2024 School organized  
HAR GHAR TIRANGA Abhiyan





# ANTI RAGGING WORKSHOP -2024

**An Anti-Ragging Workshop was conducted at our school on 6th August, specifically aimed at raising awareness among girls.**





The word "COMPETITIONS!" is rendered in a large, bold, white, sans-serif font. It is centered horizontally and appears to be floating above or resting on a series of vibrant, overlapping brush strokes. These strokes are in various colors including blue, purple, magenta, orange, and yellow, and they have a dynamic, expressive quality with visible bristles and varying thicknesses. The background is a plain, light gray, which makes the colorful strokes and the white text stand out prominently. The overall composition is energetic and visually appealing, suggesting a theme of creativity, competition, or artistic expression.

**COMPETITIONS!**



# FIRELESS COOKING COMPETITION

On 25th April 2024, our school organized a Fireless Cooking Competition for the students of Class 12th. The aim of this event was to encourage creativity, health consciousness, and hygiene among students. The challenge of preparing delicious and nutritious dishes without the use of fire promoted skills and innovation.





# SKATING COMPETITION

**On 30th April 2024, our school held an exciting Skating Competition for students of classes 6 to 8. The event aimed to promote physical fitness, teamwork, and sportsmanship among students, encouraging them to engage in healthy activities.**





# NATIONAL AROBICS COMPETITION

On 24th May, the National Aerobics Competition was held at JMP School, Agra. Our school participated in the event and performed exceptionally well, securing the 2nd position. This remarkable achievement has earned us a selection for the prestigious Khelo India program.





# DISTRICT YOGASAN TOURNAMENT

The Interschool Yoga Asana Championship was held on 21st May in Sonakpur, bringing together talented students from various schools to showcase their skills and discipline in yoga. Our school got 2nd position.





# FIRELESS COOKING COMPETITION

On 13th July 2024, our school organized a Fireless Cooking Competition for the students of Class 11th. The aim of this event was to encourage creativity, health consciousness, and hygiene among students. The challenge of preparing delicious and nutritious dishes without the use of fire promoted skills and innovation.





# VEGIE COMPETITION

On 3rd August, 2024 our school organized a delightful vegie competition for the students of Class 1 and 2. The children arrived dressed in form of vegetables, adding to the vibrant atmosphere of the event.





# DECLAMATION COMPETITION

**On August 13th, Our school recently organized an engaging and inspiring Declamation Competition, providing students with an excellent platform to showcase their public speaking skills.**





# PATRIOTIC DANCE COMPETITION

On 15th August 2024, our school hosted an exciting Inter-House Patriotic dance Competition, where students from different houses competed .





# VLOG MAKING COMPETITION

**St. Mary's Senior Secondary School, under the aegis of Brass City Sahodaya, organized an Inter-School Vlog Making Competition on September 2, 2024 on the theme of "Independence Day Celebration Programme in School."**





# INTERHOUSE COMPETITION

On 3rd September 2024, our school hosted an exciting Inter-House Competition, where students from different houses competed in a variety of events.

# SIKIT





# INTERHOUSE COMPETITION

## *DUET DANCE*





# INTERHOUSE COMPETITION



## FOLK DANCE COMPETITION





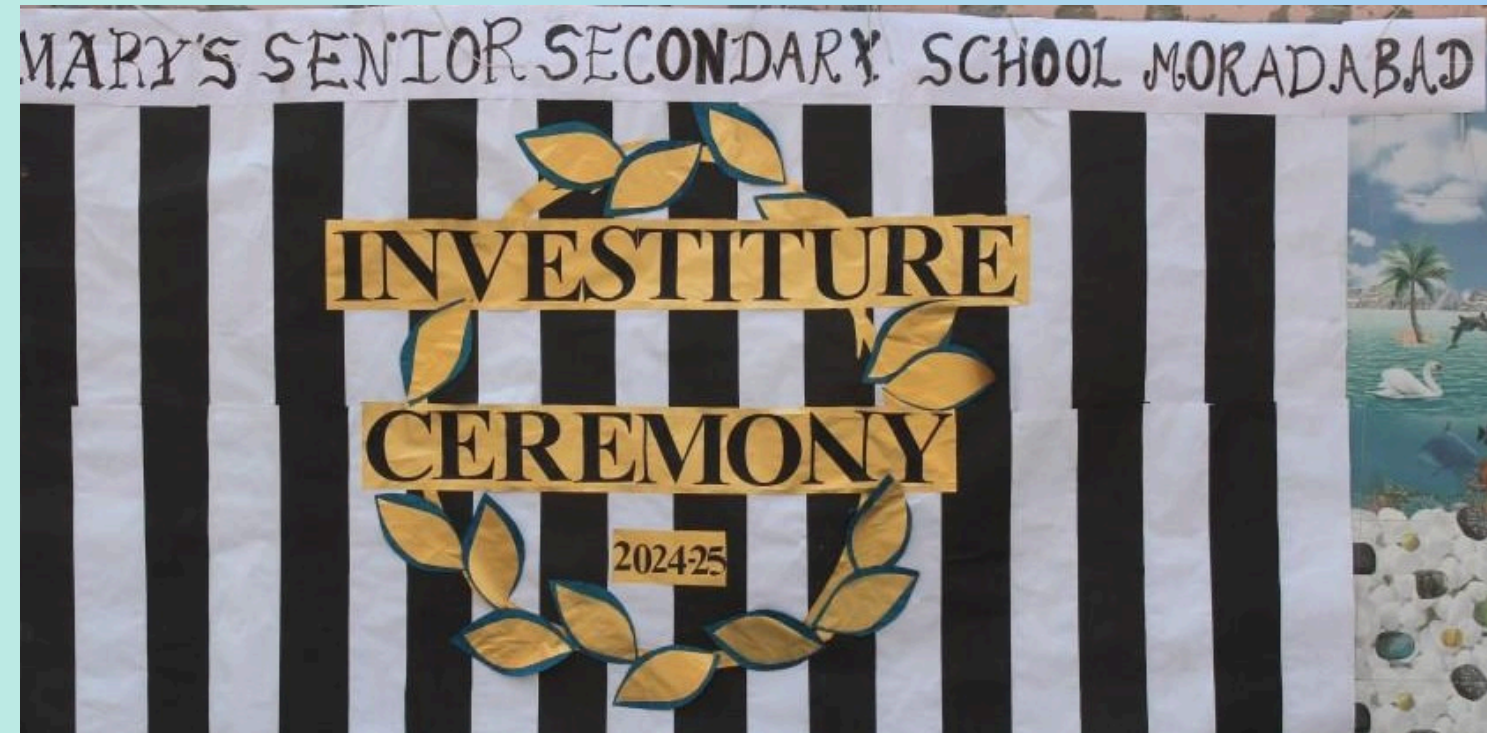


# CELEBRATIONS!





# INVESTITURE CEREMONY





# LABOUR DAY

**On 1st May 2024, our school celebrated Labor Day with a programme dedicated to recognizing and honoring the contributions of workers and laborers in society. The event aimed to raise awareness about the importance of labor rights and the role of workers in the development of our nation.**





# YOGA DAY

St. Mary's Senior Secondary School celebrated International Yoga Day on June 21st with enthusiasm and dedication. The event commenced with an inspiring speech about the benefits of yoga, followed by a demonstration led by experienced yoga instructors. Students and staff actively participated, performing various asanas and breathing exercises in the school's serene garden.





# ST. ANN'S FEAST

**On 25th July, our school joyfully celebrated the Feast of St. Ann, the beloved patroness of our institution.**





# INDEPENDENCE DAY





# ***Retirement Ceremony of our beloved helper Loveena Aunty***





# TEACHERS DAY CELEBRATION

On 5th September 2024, our school joyfully celebrated Teachers' Day to honor the dedicated educators who shape the lives of students and contribute to the growth of society. The day was filled with enthusiasm, gratitude, and various activities organized by students to express their appreciation for their teachers.





The image features a scenic mountain landscape with a dirt road winding through a valley. The scene is framed by a dark, repeating geometric pattern of rounded hexagons. In the center, a large, vibrant purple-to-pink gradient diamond shape contains the text 'THANK YOU' in white, bold, sans-serif capital letters. The background shows rolling mountains under a cloudy sky, with a dirt road leading towards a distant peak.

**THANK  
YOU**